

OB SS PROSTAGLANDIN GEL

Induction-Prostaglandin Gel SS

NURSING

- Continuous External Fetal Monitoring (EFM) – Obtain reassuring fetal heart tone (FHT) tracing prior to insertion of Prostaglandin gel. Monitor for 2 hours minimum immediately following insertion of Prostaglandin gel.
- Discharge When Criteria Met:
 - The patient may be discharged when: fetal heart tone tracing is reactive-reassuring
 - Uterine contractions are absent or mild in quality and tolerated by patient
 - Pain level is < 4 on a 0 -10 pain rating scale.

MEDICATIONS

REMINDER: Do not Order Dinoprostone Gel if Bishop score > 3.

- Dinoprostone Gel (0.75 mg/3 mL syringe) 0.5 mg vaginally in or at cervical os x 1 dose now. Do not clear the tube of gel. Total amount to be inserted is 0.5 mg in 2 mL, leaving 1 mL residue in tube. Keep patient supine for 1 Hr following insertion.
- Terbutaline 0.25 mg SubQ x 1 dose Prn uterine hyperstimulation with fetal intolerance if maternal heart rate is < 120 BPM. Notify MD for further orders if given.

Other medications: _____

REMINDERS

- Avoid elective induction of labor at < 39 weeks of gestation unless fetal lung maturity has been confirmed [Evidence](#)
- Consider intracervical balloon catheterization for cervical ripening or induction of labor [Evidence](#)