

## BOWEL PREP SS

### NURSING

- Obtain signed consent for: Colonoscopy with biopsy and therapy
- Obtain signed consent for: Colonoscopy with biopsy and therapy with possible stenting
- Obtain signed consent for transfusion
- Administer tap water enemas Prn and repeat one 1 hour before procedure. If upon completion of the bowel prep, the stool is not yellow-mucus to clear, give tap water enemas until clear,
- Insert nasogastric tube (NGT) to low continuous suction at 60 mmHg

### ACTIVITY

REMINDER: If there are no restrictions nursing will ambulate patient at least four times a day per policy PC-112.

- Activity Restrictions: \_\_\_\_\_

### RESPIRATORY

- Apply oxygen (O<sub>2</sub>) with defined parameters to maintain oxygen saturation  $\geq 92\%$

### NUTRITION

- No red or purple colored liquids. Do not allow patient to consume any liquid with these colors.
- Clear Liquid Diet
- NPO after Midnight except for Medications

### MEDICATIONS

- Hold all Iron containing medications x 24 Hrs starting the day before the procedure.

#### Medications: Bowel-Cleansing Agents

##### \*\*PEG (4 Liters) Regimen

- Polyethylene glycol electrolyte solution (GoLYTELY) 240 mL (8 Oz) Po Q 10 mins until 4 liters consumed. Start at \_\_\_\_\_(time) on \_\_\_\_\_(date). May give via enteral tube if patient unable to take Po.

##### \*\*PEG (4 Liters) Split Regimen

- Polyethylene glycol electrolyte solution (GoLYTELY) 240 mL (8 Oz) Po Q 10 mins until 2 liters consumed. Start at \_\_\_\_\_ (time) on \_\_\_\_\_(date). Then 5 Hrs prior to procedure - give 240 mL (8 Oz) Po Q 10 mins until 2 liters consumed. May give via enteral tube if patient unable to take Po. RN to contact pharmacy with procedure start date and time, so the correct time can be entered for 2<sup>nd</sup> half of the prep (i.e. procedure start time minus 5 Hrs).

##### \*\*PEG (2 Liters) + Bisacodyl Regimen

- Bisacodyl (Dulcolax) 10 mg Po Q 70 mins x 2 doses. Give 1<sup>st</sup> dose prior to starting Polyethylene glycol electrolyte solution (GoLYTELY). Give 2<sup>nd</sup> dose after 2 liters of Polyethylene glycol electrolyte solution (GoLYTELY) is consumed. Start at \_\_\_\_\_ (time) on \_\_\_\_\_(date).
- Polyethylene glycol electrolyte solution (GoLYTELY) 240 mL (8 Oz) Po Q 10 mins until 2 liters consumed. Start at \_\_\_\_\_ (time) on \_\_\_\_\_(date). May give via enteral tube if patient unable to take Po.

##### \*\*PEG (2 Liters) + Bisacodyl Split Regimen

- Bisacodyl (Dulcolax) 10 mg Po x 1 dose prior to starting Polyethylene glycol electrolyte solution (GoLYTELY). Start at \_\_\_\_\_ (time) on \_\_\_\_\_(date). Give a 2<sup>nd</sup> dose of 10 mg Po x 1 dose after 2 liters of Polyethylene glycol electrolyte solution (GoLYTELY) is consumed. RN to contact pharmacy with procedure start date and time, so the correct time can be entered for 2<sup>nd</sup> dose of dulcolax (i.e. procedure start time minus 4 Hrs).
- Polyethylene glycol electrolyte solution (GoLYTELY) 240 mL (8 Oz) Po Q 10 mins until 1 liter is consumed. Start at \_\_\_\_\_(time) on \_\_\_\_\_(date). Then 5 Hrs prior to procedure - give 240 mL (8 Oz) Po Q 10 mins until 1 liter consumed. May give via enteral tube if patient unable to take Po. RN to contact pharmacy with procedure start date and time, so the correct time can be entered for 2<sup>nd</sup> half of the prep (i.e. procedure start time minus 5 Hrs).

##### \*\*PEG (2 Liters) + Magnesium Citrate Regimen

**REMINDER: Use caution; accumulation of magnesium in renal impairment may lead to magnesium toxicity.**

- Magnesium Citrate 300 mL Po x 1 dose at \_\_\_\_\_(time) on \_\_\_\_\_(date) (product contains magnesium salts)

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MEDITECH NAME: BOWEL PREP SS

MEDITECH MNEMONIC: GI.BREP

Zynx=none

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May give via enteral tube if patient unable to take Po.

- Polyethylene glycol electrolyte solution (GoLYTELY) 240 mL (8 Oz) Po Q 10 mins until 2 liters consumed. Start at \_\_\_\_\_(time) on \_\_\_\_\_(date). May give via enteral tube if patient unable to take Po.

**\*\*PEG (2 Liters) + Magnesium Citrate Split Regimen**

**REMINDER: Use caution; accumulation of magnesium in renal impairment may lead to magnesium toxicity.**

- Magnesium Citrate 300 mL Po x 1 dose at \_\_\_\_\_(time) on \_\_\_\_\_(date) (product contains magnesium salts) May give via enteral tube if patient unable to take Po.
- Polyethylene glycol electrolyte solution (GoLYTELY) 240 mL (8 Oz) Po Q 10 mins until 1 liter consumed. Start at \_\_\_\_\_(time) on \_\_\_\_\_(date). Then 5 Hrs prior to procedure - give 240 mL (8 Oz) Po Q 10 mins until 1 liter consumed. May give via enteral tube if patient unable to take Po. RN to contact pharmacy with procedure start date and time, so the correct time can be entered for 2<sup>nd</sup> half of the prep (i.e. procedure start time minus 5 Hrs).

**\*\*PEG 3350 + Bisacodyl Regimen**

- Bisacodyl (Dulcolax) 10 mg Po Q 105 mins x 2 doses. Give 1<sup>st</sup> dose prior to starting Polyethylene glycol 3350 (MiraLAX). Give 2<sup>nd</sup> dose after 1920 mL of Polyethylene glycol 3350 (MiraLAX) is consumed. Start at \_\_\_\_\_(time) on \_\_\_\_\_(date).
- Polyethylene glycol 3350 (MiraLAX) 238 Gm mixed in 1920 mL (64 Oz) of non-red/non-purple gatorade or water. Give 240 mL (8 Oz) Po Q 15 mins x 8 doses. Start at \_\_\_\_\_(time) on \_\_\_\_\_(date). May give via enteral tube if patient unable to take Po.

**\*\*PEG 3350 + Bisacodyl Split Regimen**

- Bisacodyl (Dulcolax) 10 mg Po x 1 dose prior to starting Polyethylene glycol 3350 (MiraLAX). Start at \_\_\_\_\_(time) on \_\_\_\_\_(date). Give a 2<sup>nd</sup> dose of 10 mg Po x 1 dose after 1920 mL of Polyethylene glycol 3350 (MiraLAX) is consumed. RN to contact pharmacy with procedure start date and time, so the correct time can be entered for 2<sup>nd</sup> dose of dulcolax (i.e. procedure start time minus 4 Hrs).
- Polyethylene glycol 3350 (MiraLAX) 238 Gm mixed in 1920 mL (64 Oz) of non-red/non-purple gatorade or water. Give 240 mL (8 Oz) Po Q 15 mins X 4 doses. Start at \_\_\_\_\_(time) on \_\_\_\_\_(date). Then 5 Hrs prior to procedure - give 240 mL (8 Oz) Po Q 15 mins x 4 doses. May give via enteral tube if patient unable to take Po. RN to contact pharmacy with procedure start date and time, so the correct time can be entered for 2<sup>nd</sup> half of the prep (i.e. procedure start time minus 5 Hrs).

**GI medications: Anti-emetics (pre prep orders)**

- Ondansetron (Zofran) 4 mg IV Push x 1 dose 30 mins prior to starting Polyethylene glycol electrolyte solution (GoLYTELY) or Polyethylene glycol 3350 (MiraLAX). Start at \_\_\_\_\_(time) on \_\_\_\_\_(date). May give IM if no IV access.
- Prochlorperazine (Compazine) 10 mg IV Push x 1 dose 30 mins prior to starting Polyethylene glycol electrolyte solution (GoLYTELY) or Polyethylene glycol 3350 (MiraLAX). Start at \_\_\_\_\_(time) on \_\_\_\_\_(date). May give IM if no IV access.
- Metoclopramide (Reglan) 10 mg IV Push x 1 dose 30 mins prior to starting Polyethylene glycol electrolyte solution (GoLYTELY) or Polyethylene glycol 3350 (MiraLAX). Start at \_\_\_\_\_(time) on \_\_\_\_\_(date). May give IM if no IV access.

**GI medications: Anti-emetics (Prn orders)**

- Ondansetron (Zofran) 4 mg IV Push Q 12 Hrs Prn N&V related to bowel prep. If ineffective after 30 mins, give proCHLORperazine (if ordered). May give IM if no IV access.
- ProCHLORperazine (Compazine) 10 mg IV Push Q 6 Hrs Prn N&V related to bowel prep.. If ondansetron Prn is also ordered, give ondansetron first. If ondansetron ineffective after 30 mins, give proCHLORperazine as ordered. May give IM if no IV access.
- Metoclopramide (Reglan) 10 mg IV Push Q 6 Hrs Prn N&V related to bowel prep.. May give IM if no IV access. (If ondansetron and proCHLORperazine Prn are also ordered, give ondansetron first. If ondansetron ineffective after 30 mins, give proCHLORperazine as ordered. If proCHLORperazine ineffective after 30 mins, give metoclopramide as ordered.)